

MONDAY

Yolk & Folk: peanut butter and jelly stuffed French toast	\$4.95
Ladle: broccoli cheddar soup	\$2.59 / \$3.69
Main Dish: drunken noodle bar: rice noodles sautéed with vegetables, chicken, beef or shrimp in a spicy Asian oyster sauce	\$13.99
Char House: pulled pork sandwich with mango bbq sauce	\$7.99
Heritage Deli: grilled eggplant, squash, peppers, mushroom and vegetable cream cheese spread on baguette	\$7.69
Salad Studio: roasted pumpkin salad with feta cheese and pumpkin seeds on arugula greens	\$7.69
Rustica: plain pizza, pesto chicken and tomato pizza	\$3.45/ \$3.65

TUESDAY

Yolk & Folk: apple cinnamon pancakes	\$4.95
Ladle: broccoli cheddar soup	\$2.59 / \$3.69
Main Dish: lemon herb chicken leg quarters served with roasted root vegetables and Brussels sprouts	\$14.99
Char House: smoky tomato blt topped with basil aioli	\$6.59
Heritage Deli: grilled eggplant, squash, peppers, mushroom and vegetable cream cheese spread on baguette	\$7.69
Salad Studio: roasted pumpkin salad with feta cheese and pumpkin seeds on arugula greens	\$7.69
Rustica: plain pizza, bacon jam and scallion pizza	\$3.45/ \$3.65

WEDNESDAY

Yolk & Folk: blueberry pancakes	\$4.95
Ladle: broccoli cheddar soup	\$2.59 / \$3.69
Main Dish: turkey meatloaf served with baked potato and steamed broccoli	\$13.95
Char House: chili cheeseburger with cheddar cheese	\$6.59
Heritage Deli: grilled eggplant, squash, peppers, mushroom and vegetable cream cheese spread on baguette	\$7.69
Salad Studio: roasted pumpkin salad with feta cheese and pumpkin seeds on arugula greens	\$7.69
Rustica: plain pizza, chicken, basil ricotta pizza	\$3.45/ \$3.65

THURSDAY

Yolk & Folk: cinnamon croissant French toast bake	\$4.95
Ladle: broccoli cheddar soup	\$2.59 / \$3.69
Main Dish: vegetable alfredo lasagna served with breadsticks	\$12.99
Char House: Frito chili pie served over Frito corn chips	\$6.59
Heritage Deli: grilled eggplant, squash, peppers, mushroom and vegetable cream cheese spread on baguette	\$7.69
Salad Studio: roasted pumpkin salad with feta cheese and pumpkin seeds on arugula greens	\$7.69
Rustica: plain pizza, supreme pizza	\$3.45/ \$3.65

FRIDAY

Yolk & Folk: pumpkin pancakes with pecan glaze	\$4.95
Ladle: broccoli cheddar soup	\$2.59 / \$3.69
Main Dish: Zatar crusted salmon served with jasmine rice and chic pea cucumber salad	\$10.99
Char House: shrimp casino	\$6.55
Heritage Deli: grilled eggplant, squash, peppers, mushroom and vegetable cream cheese spread on baguette	\$7.69
Salad Studio: roasted pumpkin salad with feta cheese and pumpkin seeds on arugula greens	\$7.69
Rustica: plain pizza, gyro pizza	\$3.45/ \$3.65